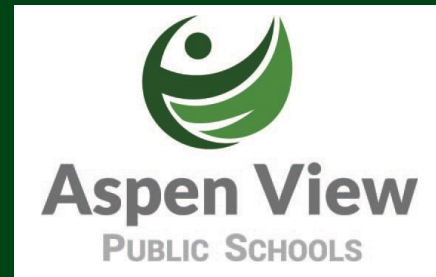


Return To School Guidelines for Students Who Are Unwell



Any student with symptoms of COVID-19 must not attend school. But when is it safe to return? This resource helps parents/caregivers understand when they should keep their child home, and when it's safe for them to return to class.

Which are your child's symptoms?



Does your child have ANY of these symptoms?

- fever
- cough (new cough or worsening chronic cough)
- shortness of breath or difficulty breathing (new or worsening)
- runny nose
- sore throat

Yes, that's my child. Now what?

If your child has any of the above symptoms that are not related to a pre-existing health condition, you are **legally required** to have your child isolate for a minimum of 10 days or until symptoms resolve — **whichever takes longer**. Call Health Link 811 or your family doctor, and fill out the AHS Online Self-Assessment tool to determine if your child should be tested for COVID-19.

When can my child return to school?

Your child may return to school:

- when they have completed the 10-day isolation **AND** symptoms have resolved,
- OR**
- they have received a negative COVID-19 test **AND** symptoms have resolved.



Does your child have ANY of these symptoms?

- chills
- painful swallowing
- stuffy nose
- headache
- muscle or joint aches
- feeling unwell, fatigue or severe exhaustion
- gastrointestinal symptoms (nausea, vomiting, diarrhea, unexplained loss of appetite)
- loss of sense of smell or taste
- conjunctivitis (pink eye)

Yes, that's my child. Now what?

If your child has any of the above symptoms, you must keep them home from school until symptoms resolve. You should also minimize your child's contact with others.

When can my child return to school?

Once symptoms resolve, your child may return to class. There is no requirement to get a COVID-19 test or complete any paperwork before returning to school.

Please remember:

It is parents/caregivers' responsibility to screen their children for symptoms each day before school.